

RUN!

To secure your place
please contact Laura

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a marathon in Britain's
most vibrant seaside city
to transform the lives of
families in East London



**Sunday
18th April
2010**

Run the stunning Brighton Marathon for the Bromley by Bow Centre and give vulnerable people in one of the UK's most deprived communities the chance to transform their lives.

The Bromley by Bow Centre is an East London charity. We work with over 2,000 families, adults and young people each week. We support local people to learn new skills, improve their mental and physical health, find employment and start their own businesses.

Take part in the first-ever Brighton Marathon. Run an unrivalled course that takes in glorious coastal views and iconic Brighton attractions, including the world-famous Royal Pavilion and Brighton Pier.

What your fundraising could pay for...

- An after-school gardening club for inner city children
- The Centre's minibus which takes isolated old people to and from the Centre
- A course for a group of adults, giving them basic skills they need to understand numbers for the very first time.

What we need from you...

£35 registration fee and for you to raise £750.

What you'll get from us...

All runners will receive full support at every step along the way, including special "charity runner" hospitality at the event. Your support really can transform lives. Please join our team!

For more information

Bromley by Bow Centre, St Leonards Street
London E3 3BT

Phone 0208 709 9849 **Web** www.bbbs.org.uk



Brighton Marathon



bromley by bow centre

