

Ahmed's Health Scare



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A health reader for Entry 2
ESOL students

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Also available: 'Zenith Goes to the Clinic' a reader and
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Do you smoke or chew betel nuts?

Smoking or chewing betel nuts is very bad
for your health.

To quit smoking or chewing betel nuts,
talk to your pharmacist, doctor or dentist.

They can tell you about the services
available to support you.



Zenith's husband Ahmed is not feeling very well.
"You must go and see your doctor," says Zenith.



Ahmed goes to see his doctor.
He sits in the waiting room until he is called.



"I've got a really bad cough, doctor.
I've lost a lot of weight and I feel tired all
the time," says Ahmed.



“Let me see,” says the doctor.

He examines Ahmed.

“Yes, you do have a problem. Do you smoke?”

“Yes,” says Ahmed.

“You must give it up,” says the doctor.

“If you don’t, it might kill you!”



Ahmed is very shocked. He can picture his wife Zenith and their five children at his funeral crying.

He feels very upset.



Ahmed goes to see the consultant at the hospital. His wife Zenith comes with him.



“Hello Mr Hussain,” says the consultant. “Your doctor tells me you have a problem. Let me see.”
He examines Ahmed. “I need to send you for a scan and some tests,” says the consultant.



Ahmed goes back to the hospital to get the results of the tests. The consultant looks at the x-rays. "I'm afraid there is a problem," he says. Ahmed is very afraid and Zenith is very worried.



"You really must give up smoking Mr Hussain," says the consultant.
"You will not get better if you don't."



At home, Ahmed throws away his cigarettes.
He wants to live a long life and see his
children grow up.



After many months of treatment, Ahmed goes
back to see the consultant for a check up.
“Ah, hello again Mr Hussain,” he says, looking at
his notes. “I am very pleased to tell you that the
treatment has been successful and the tests are
now clear.” Ahmed and Zenith are very happy.



Some months later, Ahmed and his family go on holiday to celebrate. He has saved a lot of money since he gave up smoking. "I promise I will never smoke again," he says. Zenith and the children are very happy.

Comprehension Questions

1. What symptoms has Ahmed got?

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2. What does the doctor decide to do?

.....

3. What does the consultant tell Ahmed to do?

.....












4. Does Ahmed have cancer?

.....

5. How does Ahmed celebrate?

.....

Dialogue at the Hospital

-  Hello, can I help you?
-  Yes, where do I go for an appointment for a scan?
-  Go to Radiology on the first floor.
-  Shall I take my clothes off?
Where shall I leave them?
-  Yes, keep your underwear on, here's a gown to
put on. Leave your clothes in the locker.
-  How long will the scan take?
-  It will take about 20 minutes.
-  Is it safe? Will it hurt?
-  Yes, it is safe and no it won't hurt.
-  When will I get the results?
-  In about 3 weeks time. We will send you a letter.

Glossary

- celebrate** to take part in and enjoy a special event
- consultant** a doctor who specialises in a particular area of health
- funeral** a ceremony for burying or burning the body of a dead person
- give up** to stop doing something
- results** information you get from a test
- scan** a medical examination in which a picture of the inside of the body is made using a special machine
- scare** to worry or frighten
- shocked** feeling upset or surprised
- successful** manage to do something
- throw away** to get rid of something
- treatment** drugs or exercise used to heal someone
- upset** unhappy
- weight** how heavy something is
- worried** to feel anxious or upset about a problem

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