

# Get Involved Community Activator training programme



**Are you aged 16-21 and interested  
in learning new skills?**



**Bromley  
by Bow**

**Step by step,  
it's possible**

The Get Involved Community Activator training programme is for young people who want to become more active within the community and increase their access to volunteer opportunities and employment.

This free accredited training programme includes Central YMCA Level 2 Community Activator, basic First Aid qualifications and employability skills.

\*Image courtesy of Spotlight

## During the programme you will:

- Learn new skills
- Improve your wellbeing
- Improve your confidence and self-esteem
- Meet new friends
- Increase your opportunities
- Support your community

## To become a Get Involved Community Activator you must:

- Be aged between 16 and 21 years old
- Live in Tower Hamlets
- Be able to attend a 12-week training programme (one day a week)
- Be able to attend group and one-to-one mentoring sessions
- Maintain a positive and responsible approach to supporting yourself to access social and physical activities within your community



### Training will take place at:

Bromley by Bow Centre  
St. Leonard's Street  
London  
E3 3BT

### How to find us:

#### Nearest station:

Bromley by Bow underground station on the District and Hammersmith & City Lines.

**DLR:** We are a ten minute walk from both Devon's Road and Bow Church DLR Stations with connections to Canary Wharf and Stratford.

**Bus:** Both the 108 and 488 stop outside the Centre on Grace Street.

### To find out more contact:

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Find out more online:  
[www.bbbc.org.uk](http://www.bbbc.org.uk)

