

Active Together Family Friendly Cycle Sessions



Join our free, family-friendly cycling group!

Every Saturday morning from 10.30am at The View Tube
(see map on reverse).

Bikes provided

Fun and safe

Coach-led

Adults and children take part together

Improve health and fitness

**Bromley
by Bow
Centre**

To get involved, contact Drew
on 07889 755 864

Or register via the QR code:



**Meet outside
The View Tube at
10.30am, every Saturday**

The View Tube
The Greenway
Marshgate Lane
London, E15 2PJ

Nearest stations:
Pudding Mill Lane on the DLR.

Stratford on the Central,
Jubilee line, Queen Elizabeth
line and London Overground.

