

workingwell
trust



Working Well Trust is a registered charity that supports individuals affected by mental health move toward, achieve and maintain employment.

What We Do

We believe that anyone who wants to work, can work, with the right support.

We do this by providing support to:

- Find education, training & volunteering opportunities
- Look for paid employment or start up a business
- Help you stay in work



Thinking about work



Looking for work



In work

Our Services in Tower Hamlets

Upskill Service

Support to find training and volunteering opportunities needed to develop the skills essential for future employment and wellbeing.

- ❑ Partial funding for courses
- ❑ Support to access volunteering, apprenticeships, work experience placements
- ❑ Finding free accredited training opportunities
- ❑ Signposting to various wellbeing groups, workshops and activities

Our Services in Tower Hamlets

Tower Hamlets Employment Service

Support for clients accessing secondary mental health care services who want to gain paid employment.

- ❑ Engaging with employers on the client's behalf to broker opportunities
- ❑ CV and cover letter building
- ❑ Interview practice
- ❑ Help with job search and applications
- ❑ Advice on disclosing mental health difficulties to employers

Our Services in Tower Hamlets

Business & Enterprise Service

Advice and support for clients wishing to start their own business.

- Funding advice
- Resource & application advice
- Business plan development
- Marketing & viability
- Mentoring

During C-19, the service is running virtual social media workshops and podcasts on a range of business topics.

Our Services in Tower Hamlets

In Work Service

Support for clients whose employment is at risk due to mental health difficulties.

- ❑ Liaising with employers to discuss necessary accommodations, negotiated leave, role changes, and more.
- ❑ Advice around furlough and employee rights
- ❑ In work advocacy
- ❑ Mental health awareness sessions for employers
- ❑ Live Q&A sessions and webinars via Facebook

Our Services in Tower Hamlets

Peer Employment Coach

Peer support for clients from a practical, lived experience point of view, to access opportunities to progress toward employment goals such as education, training and volunteering opportunities.

During C-19, the Peer Employment Coach is running:

- ❑ Virtual peer support groups for those in work and looking for work
- ❑ WhatsApp groups to reduce isolation and an opportunity to connect with others during the lockdown.
- ❑ Fitness group to maintain physical wellbeing at home