

Trauma, Bereavement and Mental Health Training for Link Workers and other Frontline Workers

This training is for staff in health and community settings who are working with and supporting clients who have suffered from trauma, bereavement, and/or developed mental health issues, whether related or not to the COVID-19 situation.

The course is delivered through 2 x 2 hour in person sessions and a pre-recorded session (approx 1hr) which is released to participants to watch one week before the first teaching session.

Learning outcomes

- To be able to recognise signs, symptoms and causes of trauma, grief and mental health issues
- To build self-resilience to manage difficult and challenging conversations
- To build knowledge, skills and confidence to have conversations with people who are experiencing trauma, bereavement and mental health issues
- The role and boundaries of Social Prescribing link workers and similar staff with regard to clients who have suffered from trauma, bereavement and mental health issues
- To know when to refer on and how to make an effective referral

Training Dates

(online)

Thursday 1st July at 10.00-12.00

Thursday 8th July at 10.00-12.00

Participants will have access to 12 months free ongoing advice and support from the Benefits Training Company by email and phone.

Price: £119+VAT per person

Early bird rate (until 1st June): £99+VAT

There are discounts available for groups of more than 3 learners.



Charity number: 1041653

Booking

Please [book here](#). To discuss how we might support your team or if you have any questions please email socialprescribingtraining@bbbc.org.uk